Special Purpose Area (SPA)

A Special Purpose fenced area will be created this week. It will be a structured play area that meets the needs of certain students (both special needs children and children in mainstream classes who require additional support). The area will have structured play activities with teachers and school learning support officers facilitating social skills programs. We are really excited about this area as it will provide a place where children can constantly be supported and learn new skills. We are looking at having a large sandpit, mini trampolines and other hands-on equipment. It will be a work in progress for the remainder of 2015. We would love your feedback.

Permission to Publish

We are now down to a very small list of parents who have not granted the school permission to publish their child’s photos, school work etc. Senior executive will be making calls to parents so that we can have ease of publication across the school.

Thank you to the many parents who received forms recently and have returned them to the school office.

Sporting Achievements

Our sport committee has communicated and continues to communicate the sporting achievements of our students at school, zone, and regional carnivals/team events. We continue to achieve wonderful results and are very proud of each and every one of our students.

School Photographs

We have been advised that school photographs will arrive in approximately three weeks. This delayed delivery is not the fault of the school and we apologise for any inconvenience. We have certainly made our thoughts known to the photographers.

School Drop Zones

Feedback has been really positive about our new school drop off zones at the front of the school. Please continue to provide
SPORT NEWS

Primary Athletics Carnival
It’s hard to believe that the Primary Athletics Carnival is just around the corner! The Athletics Carnival will be held on Tuesday 9th June (Week 8) at Campbelltown Athletics Centre. The price for the Carnival will be approximately $8.50. Permission notes will be distributed as soon as possible!

Fields Zone
On Monday the 18th May Jemma Murray represented the Fields Zone at Macarthur Softball Grounds. Jemma showed excellent skill, teamwork and sportsmanship. Her team placed 1st in their pool. In the semi-finals The Fields played Liverpool and won the game 4-1. In the final The Fields played East Hills. All girls played really well and managed to win the game 1-0. Well done Jemma!

Infants Cross Country
On Thursday 4th June, 2015 at 12.30 – 1.50pm Infants will be having a mini Cross Country. The cross country will be held on the primary oval. It is an informal event to give the K-2 students some understanding of the competition involved in primary school. Infants students will need to wear their full sports uniform. Students will need to bring a bottle of water to drink and an asthma puffer for any asthma conditions. Any parents watching the races on the day are encouraged to sit on the hill. Bring a mat/chair and enjoy!
Any students wishing to be signed out at the end of their race will need to see their child’s class teacher.
Ms Whalen and Mrs Lewis
Infants Cross Country Co-ordinators

LIBRARY NEWS

Scholastic Book Club
Scholastic Book Club is the easiest way to get your child excited about reading. There is a Book Club for every grade level from preschool through to high school. In each issue of the Scholastic Book Club student brochure, your child will find a terrific selection of new and noteworthy fiction, classics, award-winning titles, perennial favourites, reference books, sports books and more.

Teachers have distributed Book Club brochures to their students. If you would like to place an order please return the order forms and payment in an envelope to the Library by Tuesday 2nd June.

STRESS!
As educators we are seeing an increasing number of school children being diagnosed with stress related illness. Stress is a natural human experience which helps us to perform better when we are feeling nervous, threatened or in danger. Sometimes we feel under pressure to perform; children experience this too. Some of the causes of stress in children may be: difficulty with school work or friendships, family arguments or violence, moving house, illness or death of a close friend or relative, family split-ups, bullying or any form of abuse, feelings of insecurity and unworthiness.

Stress is nature’s way of telling you to slow down and relax, to seek help or to talk to somebody about your feelings. We often relate this to adults, however it’s important that we also acknowledge this as an issue for some of our children. They can feel like they have a huge weight on their shoulders or a permanent knot or pain in their stomach. It can also manifest itself through headaches, nausea, sadness, fear of the future or of failure, confusion, anger, tiredness and lethargy or feeling overloaded. Sometimes it may not be one single event or cause, but a combination of events or situations, which cause the feelings of stress.

If you are concerned that your child may be feeling stressed, please talk to your child’s teacher, a senior executive, school counsellor or take them to see your family doctor. We take this issue very seriously at St Andrews and need to work together to support your/our children. As Principal I believe there are some practical things we can do as parents to help. Ensure that your child has adequate sleep, eats lots of fruit and vegetables and drinks plenty of water. Encourage them to take deep breaths when feeling stressed and to get out and be active; exercise is a proven method of helping to reduce stress. Talking with your child about their feelings will help them to realise that they are not alone in their situation.

Teachers, SASS staff, Principals and parents also get stressed. We need to be gentle on ourselves and support others with care.

A quote I love and believe helps through stressful situations:
“When you arise in the morning, think of what a precious privilege it is to be alive – to breathe, to think, to enjoy, to love”.

Have a great fortnight!
Mr Richard Batty, Principal

School Leaders Day
Last Wednesday Mrs Seeney, Mrs Martino and I had the privilege of escorting our student leadership team to a leaders conference at Sydney Olympic Park. It was a brilliant day and a wonderful time to share with our school leaders. Their attitude, behaviour, questioning and respect for others was outstanding and a reflection of what our school stands for and displays. Well done boys and girls!

Principal’s Topic of the Week
Life Education Australia is a nationwide organisation that seeks to empower children to make the best choices for a safe life, through a variety of leading drug and health education programs. Year 1, Year 3 and Year 5 students will have an opportunity to participate from Tuesday 16th June to Tuesday 23rd June. A permission note will be given to students prior to the visit.

Whilst Life Education is visiting our school, Harold merchandise can be purchased. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them. If your child would like to purchase a souvenir of their visit please enclose the CORRECT money in a sealed envelope with your child’s name and class and write which souvenir/s they are buying on the front, so that during lunch (after eating time) and recess they can purchase their item from the Life Education Representatives.

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<th>Product Description</th>
<th>Price Incl. GST</th>
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<th>Price Incl. GST</th>
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Please find copies of notes & further information on the school’s website

http://www.standrews-p.schools.nsw.edu.au