Term 3 - Week 5

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Message from the Principal

I would like to extend my thanks to the many parents and community members that support our school. The teaching staff at St Andrews plan many varied and interesting learning activities for our children and often, these activities require the support of parents and families. For example we had a wonderful 2 nights of performances for Fire in the Fields. The students who performed were awesome! I had many parents, community members and teaching staff from other schools comment to me on how professional and well behaved our students were. I was extremely proud of the commitment of the students, and teachers, to this event. St Andrews was represented outstandingly! I would also like to thank the parents of these students. Many parents came to watch the performances and were very supportive of the teachers who were responsible for the students on these nights. Thank you for your assistance and cooperation, in what was, a very new experience for St Andrews. Our students were on such a high after the performances, I know they will remember these experiences for a very long time.

Along with Fire in the Fields, we have also had 100 days of Kindergarten; we have the school disco, the Book Week parade and the Infants Cross Country. These are wonderful experiences for our children to be involved in. Teachers and parents put a lot of effort into ensuring the children get as much out of these events as possible. We appreciate that often these events involve dressing up in theme. Please understand that the important aspect is that the children are able to participate in these wonderful learning opportunities. We do not expect parents to spend a lot of money on preparations for these events. Often, the best ‘props’ are those found around home. Thank you for your ongoing support and entrusting us with your child’s education.
From ‘can’t do’ to ‘can do’
Andrew Fuller
Research has proven Henry Ford correct when he said, “whether you think you can or that you can’t, you are usually right”.
Helping young people develop a positive growth oriented mindset where they can improve over time and overcome setbacks powerfully predicts success. This shifts them from “can’t do” to “can do”. Here are some ways that parents develop this attitude in children.

Have a policy of “we fall down 7 times but we get up 8”.
We all have set backs. There are times when we all have to pick ourselves up, dust ourselves off and start again. Most of us are experts in this even if we’ve forgotten it because this is the way we learned to walk. Succing at something the first few times you do it is the first step to getting good at it.

Use “I noticed” feedback
Parents can use “I noticed” feedback for positive and negative behaviours. The number of comments made to kids that begin with the phrase “I noticed”, shape behaviour powerfully. For example, “I noticed you like to draw”, “I noticed you are really trying hard to”, “I noticed you’re reading a good book”. Believe me, they will notice that you have noticed!
Parents can use this to calmly draw attention to negative behaviours. For example, “I notice you are up when you are supposed to be asleep” or “I notice that you are feeling upset right now”. This gives kids a chance to explain their actions or comply with parents’ wishes.

Praise effort more than ability
Tell your kids that they are geniuses but they don’t know it yet. It’s good to know that your parents think you are wonderful. Then focus most of your comments on effort. For example, “You really worked hard at that well done!” “I noticed you really tried your best at that, I’m impressed” or “Wow, your practice seems to be really paying off

Mistakes are opportunities to learn.
If a child thinks they didn’t do well at something because they lack intelligence, they give up. When they can see they are on a pathway of improvement they persist. Mistakes are an essential part of learning. The physicist Niels Bohr defines an expert as “a person who has made all the mistakes that can be made in a very narrow field.” Creating something new involves making a lot of mistakes. One example is the bestselling Dyson vacuum cleaner. The inventor made 5,127 prototypes of the vacuum before getting it right. “There were 5,126 failures. But I learned from each one. That’s how I came up with a solution. So I don’t mind failure.”

Parents can help children to learn that when you make a mistake all it means is that you haven’t learned how to get it right yet.

Dealing with set backs
No one really enjoys making mistakes. If we don’t learn from our mistakes we are destined to repeat them. It is hard to keep your enthusiasm up when you’ve not been selected for a dance team or a drama part or a sports team or failed a test at school.
Parents can help kids by helping them to analyse mistakes. Some questions used to review a setback are:
Ok so you didn’t do as well as you would have liked. Let’s see if we can learn from this?
What parts of it did you do well?
What parts of it didn’t go as well as you hoped?
How much work would be involved in getting better at those parts?
Would you change the way you prepared for it next time? In what ways?
I know you can do better at this if you want to.
Do you want to try again?
How can I help you with this?
If they decide not to have another go say, “Ok but don’t let your decision trick you into believing you couldn’t get better if you tried.”

**UNIFORM SALES**

Just a reminder that Uniforms are on sale from the school office on the following days only.

**Monday**
8.30am – 10.30am
2.30pm - 3.30pm

**Wednesday**
8.30am – 10.30am
2.30pm - 3.30pm

**Friday**
8.30am – 10.30am
2.30pm - 3.30pm

Please note that this also includes school hats.
CAMPBELTOWN ACADEMIC CHALLENGE – On Wednesday 24th July, a team of students represented St Andrews PS at the Campbeltown Academic Challenge, organised by Sarah Redfern High School. It was a fantastic day with the students participating in a variety of challenges including general knowledge, problem solving and construction. Congratulations to the following students who represented themselves, their families and the school with pride: Cody Sainsbury, Shequina Pereira, Rory Moulton, Anurag Dhar, Jacinta Hong and Arjun Ramesh. As a result of their hard work preparing for the challenge and their teamwork on the day, our school placed 2nd! Well done!

Mrs Shennan

100 DAYS OF KINDERGARTEN: On Monday 5th August, Kindergarten celebrated 100 Days of formal schooling. It was a day of celebration and reflection of what we have learnt over the last 20 weeks of school. The day started off with students participating in counting activities followed by a picnic lunch. After lunch students participated in activities across the grade and in the afternoon we concluded with a celebration assembly where children received a certificate and a cupcake from the 100 day cake. It was amazing to see the students dress up. Thank you to all parents and caregivers for your contributions to a fun filled day!

KINDERGARTEN ENROLMENTS 2014:
The office is now taking enrolments for children who will turn 5 before 31st July 2014 and live in the St Andrews/Bow Bowing area. Please call into the school office and collect your enrolment package as soon as possible.
FETE 2013: Please be aware that the closing date for fete pre orders are as follows and will NOT be extended.

Tuesday 17th September from 10.30am - 2pm (rides are from 11am-2pm only)

Show bags close: Wednesday 28th August at 3.30pm. No late orders will be accepted.
Food/ drinks: Wednesday 28th August at 3.30pm. No late orders will be accepted.
Rides: Wednesday 28th August at 3.30pm. No late orders will be accepted.
Parent Body will close on the day of the fete at 1.30pm.

FIRE IN THE FIELDS: On Tuesday and Wednesday nights last week, around 70 students represented our school to showcase a wonderful range of talent at James Meehan High School for the Fire in the Fields performance evenings. Mr Johnson’s 5/6C, 6S and “Apple of my Eye” bands, along with Mr McGlinn’s “Me Without You” dance group and Mrs Boot’s and Mrs Lewis’ combined schools choir kids, bravely performed in front of a packed house of more than 600 people, almost without a hitch – we can’t help guitar strings breaking! Their performances on stage were nothing short of spectacular, and off stage, teachers received many comments about their excellent behaviour. A special thank you must go out to Bailey Costello who volunteered to take to the microphone and introduce our three bands with only a moment’s notice and no prepared speech. Well done, Bailey! Once again, our students have made us proud! Kids, you are AWESOME! Please check the website for photos which will go up shortly.

Mrs Beecher

DANCE GROUP NEWS – Book Week Parade - State

The Cruising the Cosmos dance group will be performing at our school next Tuesday as part of the Book Week Parade.

The children will need to bring their appropriate shoes and have their hair done the same as when they performed at the Regional Festival.

The children need to meet at the hall at 8:30am to get dressed in their costumes and rehearse. We will be performing on the school oval.

The Book Parade will commence at 10:00am.

Congratulations are in order for everyone associated with the Samba Dance Group. This group will be performing at the State Dance Festival, which is held at the Seymour Centre. The Samba dance group will be performing on Monday 2nd September and Friday 6th September. This festival is a showcase of excellence in dance and it is a great honour to have been selected to perform on the official evening.

Donna Barton
Principal (Rel)

Julie Sivell
Deputy Principal (Rel)

Chad Harris
Deputy Principal